

## CAPO Girls Softball – Spring 2023 Rec Season

### 6U Division Rules

**GAME DURATION:** All games in this division will be one-hour DROP DEAD.

**UMPIRES:** There are no umpires in this division.

**DUGOUTS:** Only coaches/managers/team moms and team members are allowed in the dugouts during regulation play. All players **must** remain in the dugout unless on the field, and **must** refrain from sitting in the stands during the game. Only water may be provided to girls once a game begins, food should be held until after the game.

**JEWELRY:** Players are prohibited from wearing jewelry during games.

**MINIMUM PLAYERS:** Not applicable in this division.

**GAME PLAY:** No scores or standings will be kept for any games. These games will be considered as practice and instructional.

#### **DEFENSE:**

1. All girls on the team will play when their team is on defense.
2. Coaches will be allowed to be on the field when their team is on defense. These coaches must be listed as coaches in your “Official Roster” so as to be covered by the league’s insurance. Brief instructions may be given (demonstrated) during the game.
3. Coaches **MUST** rotate players, with each player playing at least ***one infield position for a full inning per game***, to assure that players receive experience at several positions and maintain a higher level of player and team enthusiasm.

Coaches should allow some consideration for safety. Do not put a player in a position such as first base or pitcher, if they cannot defend themselves from thrown or hit balls.

#### **BATTING / BASERUNNING:**

1. Each team will bat ROUND ROBIN. Depending on the team sizes, coaches can hit the entire roster each inning or a portion thereof (e.g., 7 batters). Discuss with the other coach at the plate meeting.
2. You do not need the same batting order each inning. It is encouraged that you change the batting order so every girl has a chance to be the Home Run hitter.
3. Ball must travel at least 5 feet in front of home plate to be in play.

4. The pitcher (only one pitcher is allowed) must remain within the pitching circle and behind the pitching plate until the ball is hit.
5. Baserunners advance one base per hit ball.
6. Last Batter: When the last batter has hit the ball, the runners will be allowed to circle the bases like a home run has been hit (this is why you want a different batting line-up each inning).
7. Please be sure to keep the catcher clear from the batter's "swing zone." Similarly, if a coach wishes to stand near the batter, he/she should remain behind the batter and out of the swing zone.
8. A base runner may not leave their base until the ball has been hit.
9. For the first 3 games outs may be announced with that base runner remaining on base after the out so they may continue to run the bases.
10. After the 3<sup>rd</sup> game of the season, a batter/runner that hits and/or runs into an out must leave the field and return to the dugout.
11. In order to avoid any collision with a defensive player, runners may slow down, slide, change directions, and stop entirely or even run around a defensive player within 3 feet of the base path.

No ball or strike count will be kept or enforced.

**STEALING BASES:** No lead offs or stealing bases is permitted. A base runner may not leave their base until the ball has been hit.

**SCORING LIMITS:** Not applicable for this division

**PITCHING RULES:**

1. When using coach pitch, the coach must start each pitch in the pitcher's circle or reasonably close to the pitcher's plate. The coach will throw no more than 4 pitches in an effort to get their player to hit the ball.
2. The coach should take 4 balls out to the mound with them and the coach who was in charge of the batting tee will be placed behind the catcher to retrieve the balls not hit.
3. If, after 4 pitches, the player does not hit the ball, the batting tee will be placed at home plate and the player will be allowed to hit the ball off the tee.

**BASE/PITCHING DISTANCES:** The distance between bases is 60 feet, when possible, and the pitching distance is set at 30 feet.